



PROGRAMS FOR SPIRITUAL GROWTH AND DEVELOPMENT

WHO ARE COMPANIONS

Adelynrood Retreat & Conference Center is home to The Society of the Companions of the Holy Cross. Founded in 1884, this group of women, known as Companions, is committed to intercessory prayer, spiritual growth and simplicity of life. Today more than 750 members and 32 chapters worldwide carry out the vision to bring transformation and reconciliation within themselves, the Companionship and their faith communities as they work toward healing the world and all creation.

Companions are laywomen and female clergy who are members of the Episcopal Church, who are members of any church in full communion with the Episcopal Church, or who desire to follow Jesus and want to share prayer, service and community. They welcome all women who desire to follow Jesus and the Companion vows.



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PROGRAMS



MEETINGS



VISITS

A PLACE OF PEACE FOR REST, REFLECTION, RENEWAL

PROGRAMS AND MEETINGS

Women and men discover new resources for spiritual development through conferences, workshops and individual or group retreats at Adelynrood. Programs range from one-day quiet retreats that nurture mind, body and spirit to multi-day conferences with nationally-known speakers.

Adelynrood also provides special training for those seeking to develop a call to holy listening through the School for Spiritual Direction. It is held each summer and welcomes women and men from all faiths.

There is a range of event and meeting spaces for groups, from traditional conference rooms to casual conversation areas and places for picnics and outdoor activities. Adelynrood's hospitality, food service, natural setting and historic buildings will help your group gather without distractions.



ABOUT US

Adelynrood opened in 1914 as a summer retreat house for members of The Society of the Companions of the Holy Cross, known as Companions. With libraries and places to pray nestled throughout the building and its quiet gardens, Adelynrood gave Companions a place to enjoy community life while growing spiritually.

Today Adelynrood welcomes women and men seeking spiritual development through conferences, workshops and individual or group retreats. We also offer meeting space for religious, educational, community and business groups.

Whether visiting for a program, a stay or a meal, guests find a peaceful atmosphere throughout the 14-acre campus. Adelynrood is conveniently located just 45 minutes north of Boston and minutes from historic Newburyport and the Plum Island beaches.



FOR A DAY OR A STAY

Adelynrood offers rest, prayer, meditation and reflection for overnight guests and daytime visitors. The gracious and rustic Main House is open for overnight guests from mid-May through mid-September. Meeting rooms are available year-round.

Guests and community residents alike can dine in the Adelynrood Dining Room. The menu features an eclectic mix ranging from light and health conscious "Spa Cuisine" to traditional American comfort foods. Reservations are required.

Adelynrood welcomes all guests, including individuals and groups. Non-profits, state agencies, businesses, church groups, family reunions, schools, artists, craft guilds and other groups can rent the facilities for meetings or events.