



WHO ARE COMPANIONS

Founded in 1884, the Society of the Companions of the Holy Cross is a group of women, known as Companions, committed to intercessory prayer, spiritual growth and simplicity of life. Today more than 750 women in 32 chapters worldwide support each other through prayer and service, outreach, peace, social justice, spiritual growth and fellowship. Our vision is to bring transformation and reconciliation within ourselves, our Companionship and our faith communities as we work toward healing the world and all creation.

Companions are laywomen and female clergy who are members of the Episcopal Church, who are members of any church in full communion with the Episcopal Church, or who desire to follow Jesus and want to share prayer, service and community. We welcome all women who desire to follow Jesus and our Companion vows. Learn more about Companions at www.schcCompanions.org.



PRAYER



COMPANIONS
The Society of the Companions of the Holy Cross

**A COMMUNITY
OF WOMEN
COMMITTED TO
PRAYER AND
ACTION**



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FRIENDSHIP



COMMUNITY

SHARING FELLOWSHIP, SEEKING JUSTICE, PEACE AND UNITY

COMPANIONSHIP

Companions focus on prayer and support for social justice, peace and unity. We share a spiritual sisterhood that supports being the person God created you to be without exception and with acceptance.

We are rooted in prayer and connect our prayers with action in the world. We pray and work for social justice and peace. We pray for the unity of all God's people and the mission of God in the world.

Companions desire to be instruments of God in every aspect of our lives. We create lasting friendships and meet as chapters to pray and study together. We share spiritual journeys and ministries. We hold programs, retreat days and an annual Companion Conference at Adelynrood. As a Companion, you are surrounded with love, respect and support.



ABOUT US

The Society of the Companions of the Holy Cross was born in 1884 when two young women dreamed of a group of women united in prayer and companionship. Today, we are known as Companions and come from all walks of life and across the globe. We are single, married and partnered. We work and are retired. Above all, we are focused on spiritual growth, prayer life and companionship.

Over 750 Companions meet regularly in 32 chapters across the U.S. and in India. There's even a virtual chapter for those who don't live near a chapter. Wherever Companions gather, there is an oasis of calm and joy as we reflect on relationships, our life's work and our personal growth. Our home is Adelynrood, an historic conference and retreat center near Boston, where we gather for conferences, quiet days and spiritual programs.



VISIT A CHAPTER

Companions share a commitment to God to support each other through prayer, service, outreach, spiritual growth and fellowship. Although our roots are in the Episcopal Church and the Anglican Communion, we welcome all women who desire to follow Jesus and our Companion vows.

From prayers to programs, Companions offer many ways to feed your spiritual growth and create lifelong bonds. We can put you in touch with a Companion in your area who can share details of local chapter activities. Explore your interest by visiting a chapter meeting and talking with Companions.

We are a group of women of faith who share wisdom, creativity, laughter and acceptance of others. Visit our website at www.schcCompanions.org to learn more.